



KORU
mindfulness

Open your mind. Manage your stress.

Learn mindfulness & meditation.
Join our 4 week class.



Angela Fedewa

TAUGHT BY:

WHEN: **Mondays: Feb. 6th -Feb.
27th 10:00-11:15am**

WHERE: **Zoom**

TO REGISTER: [https://dashboard.korumindfulness.org/
courseRegistration/242717](https://dashboard.korumindfulness.org/courseRegistration/242717)



**WAYNE STATE
UNIVERSITY**