



### **Important CAPS Information for Faculty/Staff**

As individuals who work closely with WSU students, you may encounter distressed students in your offices or classrooms. Your role could be a crucial and positive one in identifying and referring students who are experiencing difficulty with academic, career, or personal concerns.

Anyone concerned about a student's behavior should contact the Dean of Students at (313) 577-1010, by email at [doso@wayne.edu](mailto:doso@wayne.edu), or through an online Care Report: <http://www.doso.wayne.edu/student-care-report.html> In an emergency, call the WSU Police (313) 577-2222.

### **What You Can Do**

If a student is experiencing distress, e.g., anxiety, sadness, uncontrollable crying, agitation, or inability to manage daily tasks, talk to the student briefly about his/her concerns. A listening ear and someone who cares might be just what they need. If you need guidance or have questions, feel free to call CAPS for a consultation to discuss your concerns. Encourage the student to contact CAPS or offer to walk them over.

### **What We Do**

We offer free, confidential, and supportive services to registered Wayne State students. In the initial triage interview, a CAPS counselor will assess the student's needs and determine what services may be appropriate. The following options may be considered:

- Individual, group, or couples counseling sessions
- Psychiatric evaluation and psychopharmacological interventions
- Referral to other departments or services on campus and/or in the community

### **Follow-Up with Referring Faculty/Staff**

#### **We Can:**

- Answer your questions regarding steps to take in assisting students in coming to CAPS
- Offer you information about psychological concerns and problems in general

#### **We Cannot** (Without a signed Release of Information from the student):

- Say whether a student is being seen here or has kept an appointment
- Discuss the content of sessions, treatment plans, or progress

### ***Working Together to Help WSU Students Succeed***

University life can be demanding and stressful. Learning to balance demands is challenging and often requires that students learn and apply new skills. CAPS is here to help WSU students succeed! For more information, please visit our CAPS web page (<http://caps.wayne.edu/index.php>)



OFFICE OF COUNSELING AND PSYCHOLOGICAL SERVICES

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